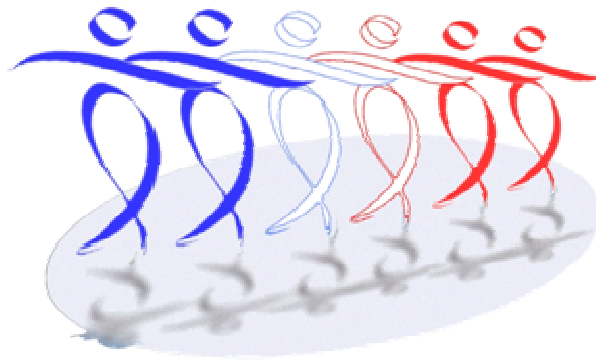


ADULT & PREPARATORY INTERNATIONAL OPEN COMPETITION

(A Non-Qualifying Competition)

The « Synchro Aquitaine Cup »



March 20-21st

**Villenave d'Ornon - France
(near Bordeaux)**

Organized by:

“Glaces & Co” and “ASCPA-Patinage” « Les Alouettes » de Pessac
<http://www.alouettes-pessac.com>

Affiliation n° at the FFSG 33003
Approval within the Prefecture of Gironde N°13 746

To be held at:

**Patinoire Le Skating
1 rue Schyler
33140 Villenave d'Ornon FRANCE**

GENERAL INFORMATION

The A.S.C.P.A.-Patinage of PESSAC is pleased to host the "Synchro Aquitaine Cup" at "Le Skating", Villenave d'Ornon (near Bordeaux) Saturday 20th March to Sunday 21st, 2010.

This competition is an Adult Open Competition (a Non-Qualifying Competition).

Practice Ice will be available on Friday 19 and Saturday March 20.

A "Brunch on Ice" will be organize on Sunday 21 from 10.00 to 15.00

ELIGIBILITY

This event is open for participation to all eligible competitors who are members in good standing with their National Figure Skating Association.

List of invited ISU Members:

Ice Skating Australia Incorporated	AUS
Österreichischer Eiskunstlauf Verband	AUT
Fédération Royale Belge de patinage artistique	BEL
Skating Federation of Bosnia and Herzegovina	BIH
Skate Canada	CAN
Croatian Skating Federation	CRO
Czech Figure Skating Association	CZE
Dansk Skøjte Union	DEN
The Estonian Skating Union	EST
Suomen Taitoluisteluiliitto	FIN
Fédération Française des Sports de Glace	FRA
Deutsche Eislauf-Union e.V.	GER
National Ice Skating Association of UK Ltd	GBR
Hungarian National Skating Federation	HUN
Iceland Skating Association	ISL
Federazione Italiana Sport del Ghiaccio	ITA
Japan Skating Federation	JPN
The Latvian Skating Association	LAT
Lithuanian Skating Federation	LTU
Koninklijke Nederlandsche Schaatsenrijders Bond	NED
Norges Skoyteforbund	NOR
Polish Figure Skating Association	POL
The Figure Skating Federation of Russia	RUS
Association of Skating Sports of Serbia	SER
Slovak Figure Skating Association	SVK
Slovene Skating Union	SLO
South African Figure Skating Association	RSA
Svenska Konstakningsförbundet	SWE
Schweizer Eislauf Verband	SUI
The United States Figure Skating Association	USA

Registration deadline: January 20th, 2010

EVENTS TO BE OFFERED

A: Open: A team of 8 to 20 skaters

No age limit.

Music time: Minimum 2:30 min and a maximum of 4:30

B: Preparatory (Festival -15 years): A team of 8-16 skaters.

Skaters must be younger than 15 years old on competition's day.

Music time: Minimum 2:30 min and a maximum of 3:30

C: Preparatory (Festival +15 years): A team of 8-16 skaters.

Skaters must be 15 years of age or older on competition's day.

Music time: Minimum 2:30 min and a maximum of 3:30

D: Adults: A team of 8-20 skaters.

Skaters must be 18 years of age or older on competition's day.

50% of the skaters must be 25 years of age on competition's day.

Music time: Minimum 2:30 min and a maximum of 3:30

E: Masters: A team of 8-20 skaters.

Skaters must be 25 years of age or older on competition's day.

50% of the skaters must be 35 years of age on competition's day.

Music time: Minimum 2:30 min and a maximum of 3:30

TECHNICAL REQUIREMENTS

For the program of synchronized skating (young adults, adults, masters) the technical elements are the following:

- One (1) line
- One (1) block
- One (1) wheel
- One (1) circle
- One (1) intersection
- One (1) MIS (movement in isolation)
- Lifts forbidden

Holds: Minimum of three (3) different recognizable handholds is required. There will be a deduction made by Referee if there are not the required numbers of handholds in the program.

Factors: for Program Components 1.6

Vocal music using lyrics is permitted.

Registration deadline: January 20th, 2010

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PROGRAM CONTENT SHEET

With the entries, the teams should attach the Program Content Sheets. The Planned Program Content Sheets must be signed by a coach or Team Representative. However, the programs content may be changed at the time of the competition. Planned Program Content Sheet must be returned by January 20th, 2010.

FACILITIES AND LOGISTICS

There will be practice ice available at the skating rink "Le Skating" of Villenave d'Ornon. Please fill out the practice ice application (Form C) "**Practice Ice Application**"

HOTELS

For your convenience, we have pre-selected hotels in different price categories. **For reservations, please contact them directly by sending them a fax or an e-mail, if available (in English). You** can book your rooms directly by internet
There is also a possibility to rent apartments, mainly on the basis of one week's rent. More information is given in the accompanying letter.

See hotel listing attached.

COMPETITION ARENA

The rink (56 x 26 m) is located 12 km from Bordeaux airport and 6 km by car or coach from Bordeaux railway station (TGV from Paris).

ENTRIES AND REGISTRATION

Entries must be postmarked no later than January 20th April 2010. Each event requires a separate entry form (A and B). Blank entry forms may be copied. Please mail directly to:

Myriam WAXIN
SAC Communication ASCPA-Patinage
28 impasse des Coquelicots
33127 SAINT JEAN d'ILLAC FRANCE
e-mail : communication-sac@alouettes-pessac.com

Entry fees are as follows:

230 Euros per team

5 Euros administrative costs

In general, late entries will not be accepted. However, under unusual conditions, late entries may only be accepted at the sole discretion of the Organizing Committee.

THERE WILL BE NO REFUNDS.

REGISTRATION

The official Registration Desk will be open throughout the competition. Competitors must register promptly upon arrival.

Registration deadline: January 20th, 2010

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AWARDS

Awards will be presented to the 1st, 2nd, 3rd place winners in each event. Skaters should receive their awards in their competition outfit. The awards ceremonies will take place at each day's end competition.

SCHEDULES

To receive a pre-schedule (although not before February 20, 2010), please send an e-mail to: synchrofrance@yahoo.fr

ADDITIONAL INFORMATION

ADMISSIONS

This competition will be open to the public for free. Tickets for the "Brunch on ice" can be reserved by filling in the ticket pre-order form D. Ticket pre-order forms are due by February 20th, 2010.

SOUVENIRS

Sweatshirts, T-shirts, programs and souvenirs will be available by pre-order. Limited quantities will be available at the competition, so please pre-order if you are interested in these items (the order form I will follow in due course).

MUSIC

Only CD's will be accepted. They must be clearly marked with name, event entered, length of music and side to be played. Competition music must be turned in at registration and will be available for pick up at the Registration Desk at the conclusion of the event. CD's will not be mailed back to competitors. All Teams must have an additional duplicated CD with them in the rink. The Organizers will accept no responsibility for damage or loss of CD's, but will take every precaution to ensure their safety.

VIDEOTAPING

Those interested in videotaping must obtain permission upon arrival at the competition. It will be restricted to one area. Except for the official Videographer, only battery-operated cameras will be permitted.

Non-European skaters interested in videotaping are recommended to bring their own cameras and films, as the European format is different.

PHOTOS

Pictures will be taken for every event in the "Kiss and cry" area when competitors await their marks and on the podium when the awards will be given. Individual pictures can be arranged with the photographer. Digital action photos of each team will also be available.

Registration deadline: January 20th, 2010

NEARBY ATTRACTIONS

WELCOME TO GIRONDE!

ENJOY NUMEROUS PLEASURES

- Pleasures of water: the coastline, the "bassin d'Arcachon", estuary, lakes and rivers.
- Pleasures of national heritage: The "chateaux" (castles), fortified towns and ancient villages, churches and abbeys.
- Pleasures of vineyards and food.

Please contact us to organize visits and round trips. (The order form I will follow in due course).

ADDITIONAL INFORMATION

Further questions regarding the 2010 Synchro Aquitaine Cup at Villenave d'Ornon (France) can be answered by contacting:

Xavier DEBERNIS
Tel. + 33 608 640 346 (office)
E-Mail: synchrofrance@yahoo.fr

Please remember the time difference between your home country and France before calling.

LIABILITY

The association ASCPA - Patinage is assured civil liability according to law 84610, 16/07/84 (art. 37).

Registration deadline: January 20th, 2010

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Team roster

Form **A**

Club name	
Team name	
Event entered	<input type="checkbox"/> A Open <input type="checkbox"/> B Prepa. (-15) <input type="checkbox"/> C Prepa.(+15) <input type="checkbox"/> D Adults <input type="checkbox"/> E Masters
Team contact person	
Daytime phone number	
Address	
Country	
e-mail	

Please list skaters alphabetically

Place an asterisk (*) next to each skater who crosses to another team and identify to which team they cross over.

Computer generated rosters are acceptable

	Team member	Date of birth	Age on March 20th. 2010	USFSA#,CFSA#, NISA#, Licence N°	Skater crosses over to
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					
11.					
12.					
13.					
14.					
15.					
16.					
17.					
18.					
19.					
20.					
21.					
22.					
23.					
24.					

Registration deadline: January 20th, 2010

Certification

Club name	
Team name	
Event entered	<input type="checkbox"/> A Open <input type="checkbox"/> B Prepa. (-15) <input type="checkbox"/> C Prepa.(+15) <input type="checkbox"/> D Adults <input type="checkbox"/> E Masters
Team manager	
Team leader	
Coach	
Assistant	

All skaters listed as members of the club, are to the best of my knowledge in good standing with our club, and are amateurs and eligible to compete.

Team manager or Team leader

Print name and Signature

Club name

Send an E-Mail with a team photo (digitalized photo, JPEG format) for the souvenir program to:
communication-sac@alouettes-pessac.com

Liability

The skating rink "Le Skating" and the Organizers of this competition undertake no responsibility for damages or injuries suffered by the skaters or officials. As a condition of and in consideration of the acceptance of the entries or participation therein, all entrants, their family members and officials shall be deemed to agree to assume all risk of injury to their person and property resulting from, caused by or connected with, the conduct and management of the competition, and to waive and release any and all claims which they may have against any officials, the skating rink "Le Skating" and against the Organizers, and their entries shall be accepted only on such conditions

Team manager or Team leader

Print name and Signature

Club name

Registration deadline: January 20th, 2010

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Form **D**

Brunch pre-order form

This competition will be open to the public for free.

A "Brunch on Ice" will be organize on Sunday 21th from 10.00 to 15.00

	Adults		Children (5-10 years old)		<5 years old free		
Brunch on Ice		x 15 €		x 7,5 €		x 0 €	

TOTAL	
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Club name	
Team name	

THESE ARE PRE-ORDER PRICES ONLY.
 GATE PRICES WILL BE HIGHER.

Registration deadline: January 20th, 2010

PROGRAMME ADVERTISEMENT

Advertiser's name	
Address	
Country	
Contact name	
e-mail / fax	

	rates		
Full page		x 200 €	
Half (1/2) page		x 150 €	
Quarter (1/4) page		x 100 €	
Business card		x 50 €	
		TOTAL	

Special instructions	
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Please contact for more details via email :
communication-sac@alouettes-pessac.com

For payment, please refer to F and G forms.

Registration deadline: January 20th, 2010

Payment form

Club name	
Team name	
Event	<input type="checkbox"/> A Open <input type="checkbox"/> B Prepa. (-15) <input type="checkbox"/> C Prepa.(+15) <input type="checkbox"/> D Adults <input type="checkbox"/> E Masters

Team fee (per event)	230 €		
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Practice Ice (see Form C)			
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Tickets preorder (see Form D)			
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Program advertisement (see Form E)			
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Administrative costs	5 €		5,00
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Total (euros)	
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Make Money transfer to: (for credit card debit see form G)
 Account Owner ASCPA-Patinage

IBAN (International Bank Account Number)
 FR76 1558 9335 5906 4938 9204 320
 BIC (Bank Identifier Code)
 CMBRFR2BXXX

Mail completed form to:

Anne-Marie MARTIN
 Trésorière ASCPA-Patinage
 8 rue de la Mairie
 33830 LUGOS FRANCE
 e-mail : communication-sac@alouettes-pessac.com

Registration deadline: January 20th, 2010

AUTHORIZATION FORM

Club name	
Team name	

I the undersigned,

Last name	
First name	

authorize "Glaces & Co" (LCL, agency # 2639)
408 Av du Général de Gaulle
38250 Villard-de-Lans – France

(No American Express, sorry)

to debit my card N°	
date of expiration	
Type (Visa/Mastercard)	
By the amount of:	euros

Date	
Signature	

Anne-Marie MARTIN
Trésorière ASCPA-Patinage
8 rue de la Mairie
33830 LUGOS FRANCE
e-mail : communication-sac@alouettes-pessac.com

Registration deadline: January 20th, 2010

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Form **H**

THIS FORM MUST BE RETURNED BEFORE FEBRUARY 20th, 2010

Please fill with type or write capital letters

COMPETITION MUSIC INFORMATION FORM

(Separate form for each event)

Club name	
Team name	
Event entered	<input type="checkbox"/> A Open <input type="checkbox"/> B Prepa. (-15) <input type="checkbox"/> C Prepa.(+15) <input type="checkbox"/> D Adults <input type="checkbox"/> E Masters
Coach	
Assistant	

FREE SKATING

Total music duration	
1. Music	
Title	
Composer	
Music duration	
Orchestra	
Record Label / Number	
2. Music	
Title	
Composer	
Music duration	
Orchestra	
Record Label / Number	
3. Music	
Title	
Composer	
Music duration	
Orchestra	
Record Label / Number	

Return by FEBRUARY 20TH, 20109 to

Myriam WAXIN
SAC Communication ASCPA-Patinage
28 impasse des Coquelicots
33127 SAINT JEAN d'ILLAC FRANCE
e-mail : communication-sac@alouettes-pessac.com

Registration deadline: January 20th, 2010

THIS FORM MUST BE RETURNED BEFORE FEBRUARY 20 th, 2010

TRAVEL INFORMATION FORM

Please fill in with type or capital letters

(Separate form for each team)

Club name	
Team name	

Number of persons	
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Team arrival	
Date of arrival	
Time of arrival	
Place of arrival	
	<input type="checkbox"/> Plane <input type="checkbox"/> Railway <input type="checkbox"/> Bus <input type="checkbox"/> Car

Team departure	
Date of departure	
Time of departure	
Place of departure	
	<input type="checkbox"/> Plane <input type="checkbox"/> Railway <input type="checkbox"/> Bus <input type="checkbox"/> Car

Name and phone of the hotel during your stay	
Team manager's name	
Phone during the competition	

Return by February 20TH, 2010 to :

Myriam WAXIN
SAC Communication ASCPA-Patinage
28 impasse des Coquelicots
33127 SAINT JEAN d'ILLAC FRANCE
e-mail : communication-sac@alouettes-pessac.com

Registration deadline: January 20th, 2010